



Canadian Depression Research
and Intervention Network

Réseau canadien de recherche
et intervention sur la dépression

CDRIN Newsletter

September 2013

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About Us

The CDRIN is an initiative promoting and supporting highly collaborative, patient-focused, research and intervention that will lead to more effective care and a better understanding of depression and Post Traumatic Stress Disorder (PTSD). The network will bring together the leading clinical and research minds along with persons with lived experience from all across Canada.

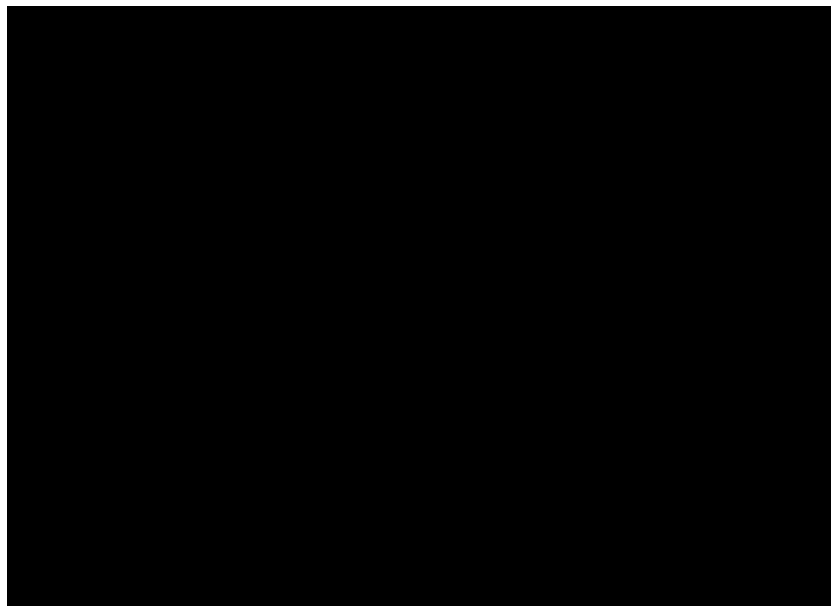
Vision

To be a pan-Canadian, internationally recognized catalyst to build relationships and enable the engagement of a full spectrum of stakeholders to combat depression, PTSD and suicide.

Goals

To stimulate measurably more efficient and meaningful knowledge creation, mobilization and wide-scale implementation of interventions to mitigate the enormous health, social and economic costs of depression.

First Annual Conference Scheduled for March 26-27, 2014



The inaugural CDRIN conference is scheduled for March 26–27, 2014 and will be held at the Ottawa Convention Centre. The planning committee is working hard to make this a memorable event. The theme of the conference is ***Transforming Depression Through Connections***.

The conference is intended to provide a rich experience for attendees with opportunities to examine emerging ideas and issues, share progress, connect with colleagues and increase their understanding of emerging plans. The conference will support key community priorities:

- Overview of current state of depression and PTSD research;
- Facilitating stakeholder engagement;
- Network development;
- Knowledge exchange and translation;
- Education and training;
- Recommendations for research priorities and activities; and
- Partnership building.

The Conference will feature Canadian and international speakers from the research, clinical and lived experience perspectives.

Contact Us

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Meet our Staff Members

We are assembling a CDRIN
Secretariat to support community-
led initiatives. We encourage you
to connect with:

JAC VAN BEEK, Executive Director
ZUL MERALI, Scientific Director
PHIL UPSHALL, Chief Financial
Officer
DAVE GALLSON, Project Director
MARILYN PRINCE, Secretariat
Coordinator
DEBBIE TURNER, Program
Manager

To contact staff at the CDRIN
Secretariat, please check the
[Contact Us](#) section of our web site.

CDRIN's Partners

Mood Disorders Society of
Canada

Mental Health Commission of
Canada

University of Ottawa Institute
of Mental Health Research

Participants

- Persons with lived experience (including those affected by depression and PTSD such as youth, seniors, veterans and military personnel, and First Nations, Métis and Inuit);
- Established and early-career depression researchers;
- Clinicians and health care providers; and
- Administrators and policymakers working for NGOs with mental health mandates, the federal, provincial, territorial governments, and research funding agencies.

Registration

Registration will open on November 18 at <http://cdrin.org/>.

CDRIN Priorities

CDRIN's stated priority is to foster **network mobilization** and to achieve lasting impact in **research** and **intervention**. CDRIN activities will address four priority areas with supportive initiatives:

- **Capacity development**
 - Through development of CDRIN governance and operations;
 - Through design and delivery of next-generation researcher training and training for people with "lived experience" of depression or PTSD.
- **Knowledge development and exchange**
 - Network establishment with regional depression research hubs
 - Conferences, online media and other mechanisms to enhance information exchange.
- **PTSD Continuing Medical Education (PTSD-CME);** and
- **Sustainability and partnership building.**

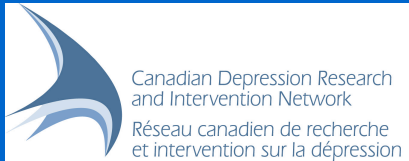
CDRIN Progress Report

Since the publication of [our first newsletter](#), CDRIN has made great strides.

With CDRIN funding now in place, we are in the early stages of setting up the Secretariat and infrastructure. To date, CDRIN has:

- Identified and secured key people;
- Continued transition to the founding CDRIN Board of Directors;
- Established key operational policies and procedures;
- Secured facilities at the Institute of Mental Health Research in Ottawa;
- Finalized business and implementation plans to guide development.

CDRIN adopts a new Logo



The CDRIN has launched a brand new corporate logo that reflects community vision and values.

Our three sails are symbolic of the multidisciplinary work done at CDRIN and of the multiplier effect of researchers, clinicians and persons with lived experience joining forces. The billowing sails are symbolic of the progress and advances that will be realized in depression research.

Research Training for Persons with Lived Experience

Integral to its transformational philosophy, CDRIN is committed to incorporating the perspective of people with lived experience, and that of their families and caregivers, into all aspects of depression research and knowledge translation.

The integration of perspectives in this manner will represent a significant innovation in the approach to depression research and will help to redefine the experience of people seeking help.

Next Generation of Depression Researcher Training

Dr. Barbara Everett, with direction from Dr. Glen Baker, University of Alberta, has prepared a draft foundation document for CDRIN in relation to the training curriculum for next generation researchers. Courseware development will proceed throughout the Fall.

Knowledge Development and Exchange

Over 2013-14, CDRIN will develop criteria for individual and institutional membership agreements.

CDRIN has established a *HUB Advisory Task Group* with pan-Canadian representation. This group has been meeting on a regular basis to define the specifications for the hubs' focus, leadership and locations. An initial environmental scan identified a list of 11 institutions in Canada where hubs could be implemented. The scope of the scan has been expanded to consider relationships that exist amongst researchers to identify where the natural connecting hubs exist in Canada.

PTSD Continuing Medical Education (CME)

In November 2012, the Mood Disorders Society of Canada (MDSC) signed a Memorandum of Understanding with the Canadian Medical Association (CMA) to produce a one hour CME web-based course to assist Canadian health care practitioners in recognizing and providing services for persons experiencing PTSD. In total, CMA has a membership of approximately 76,000 family physicians and specialists.

The PTSD CME program will be a collaborative initiative with the CMA, CDRIN and other mental health stakeholders and plans are to have the program completed by April 2014. The MDSC will ensure work is accomplished as a collaborative effort throughout the life of the project.